

#### **East End Time Bank Member Survey (Print Version)**

#### Introduction

Last name

Welcome to our survey! Your willingness to complete this survey is much appreciated and will help the Time Bank in a number of ways. We need your feedback to learn more about ourselves and how to keep the East End Time Bank thriving.

Please understand that your responses will be strictly confidential. We will not be linking any names with survey responses and any summaries or reports that result will treat all members anonymously. The survey itself cannot be anonymous though—we need your name to update the demographic information in our database, to enter you in our prize drawing, and to award you a Time Dollar upon completion of the survey. We respect your privacy and would never disclose any individual's information obtained from this survey.

Please plan accordingly and try to complete this survey in one sitting. This survey will take the average respondent approximately 25-30 minutes to complete (we have a lot to learn!).

Let's begin with who you are (please remember that your responses are confidential):

First name

If you represent a member- organization	organization, please tell us	the name of your

**Email address** 

## Why You Joined the Time Bank (page 1 of 15)

We would like to begin by learning what *originally* motivated you to join this time bank. Please think about which of the following reasons caused you to join. To what extent did you hope to:

	Not at all	Very little	To some extent	To a great extent
Act on your personal values, convictions, or beliefs		10		
Be more independent from government	100			<b>100</b>
Be more independent from large corporations				
Be part of a larger movement for social change				
Contribute to the quality of life in our region				
Create a better society	100	<b>100</b>		<b>100</b>
Expand your purchasing power through an alternative currency				
Experience new activities in group settings				
Feel better about yourself	100	100	100	100
Feel less lonely	100			
Feel needed or useful	100	100	100	100
Gain satisfaction from helping others				
Give back to the community	100	100	100	100
Have a good time doing things in a social setting				
Have something worthwhile to do with your free time				

## Why You Joined the Time Bank (page 2 of 15)

We would like to begin by learning what *originally* motivated you to join this time bank. Please think about which of the following reasons caused you to join. To what extent did you hope to:

, ,	Not at all	Very little	To some extent	To a great extent
Help build community in our region	100	100	100	100
Help establish trust among people			100	
Help people in need	100	100	100	103
Improve the local economy	100	100	100	100
Learn new skills from others	100	100	100	100
Meet new people or make friends	100	100	100	100
Obtain <i>needed</i> services or goods that you could not afford				
Obtain <i>needed</i> services that you could not perform yourself				
Obtain services or goods that you would not normally pay cash for				
Obtain services or goods that you would rather not have to pay cash for				
Promote a more equal society	100	100	100	100
Spend more time with acquaintances or friends who were already members				
Spend more time with like-minded people				
Use or improve skills that you did not get to use regularly				
Use your skills to do something for others				100

# **Engagement in the Time Bank (page 3 of 15)**

provide services

How did you first hear about this Tim	e Bank?			
From a family member or friend				
From a neighbor, co-worker, or acqua	intance			
From the Internet				
From a participating organization				
Through my church, temple, or place	of worship			
Driving by/seeing office				
A newspaper article or television repo	rt			
An advertisement				
An informational meeting				
Other (please specify)				
Did you know any members of this Ti	me Bank befo	ore you join	ed?	
Yes No				
Please think about your recent partic	•		-	•
increase, keep about the same, or de		equency wit	th which yo	ou:
Increase	Keep about the	Decrease	Δ	
mercuse	same	Decrease	C	
Provide services to others				
Receive services from others				
To subot outont do the following income			n in thin Ti	Danka
To what extent do the following issue	es ilmit your p	participatio	To some	<b>me вапк?</b> To a great
	Not at all	Very little	extent	extent
I'm too busy				
The services that I desire are not				
available				
Contact difficulties, it is hard to reach other members				
I do not really want to receive services, I prefer to only provide				
I do not feel comfortable requesting services from those I don't know				
Members do not call me to request my services				
Members who I call are not available to				

### **Engagement in the Time Bank (page 4 of 15)**

You're doing great so far!

The next questions concern how you go about requesting services from members. Do you usually:

	Never	Hardly ever	Sometimes	Often	Always
Search the listings in the directory					
Search the listings in the newsletters (Member's Corner)					
Search the listings in the email messages sent by the office					
Request services from those you have met at social events					
Request services from those you have been referred to from other members					
Contact the office for advice on who to ask					
Use the online Time Banking system					

If you have not used online Time Banking, can you please tell us why you haven't.

If you have, can you please tell us what you think about it:

Have you ever provided a service to a mem	ber and not reported your time to the
office (and therefore not collect the time do	ollar(s) you earned)?

No

Yes, one or two times

Yes, a few times

Yes, many times

If Yes, please tell us why

#### **Engagement in the Time Bank (page 5 of 15)**

#### To what extent: To some To a great Not at all Very little extent extent Do you look forward to talking with the member with whom you are exchanging with and making the transaction a social experience? Would you prefer time banking to be less personal and more anonymous like normal business transactions? How often do you attend the Time Bank's social events (monthly gatherings, meetings, events, etc.)? Never Hardly ever Sometimes Often Always How satisfied are you with your level of attendance of social events? Verv Somewhat Somewhat Very satisfied dissatisfied dissatisfied satisfied How satisfied are you with the turnout at the Time Bank's social events? I've never Somewhat Somewhat Verv Very satisfied been to one dissatisfied dissatisfied satisfied To what extent do any of the following prevent you from attending social events? To some To a great Not at all Very little extent extent Work obligations Family obligations Lack of transportation Lack of interest in socializing with other members

Please describe any other situations that may prevent you from attending social events:

# **Engagement in the Time Bank (page 6 of 15)**

#### Please indicate how much you agree with the following statements

i icase maicate now mach you agree w	Ten the fon	owning state	incincs	
	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
Time banking is an important reflection of who I am				
I am willing to work harder in order to help my Time Bank succeed				
I feel very little loyalty to this organization				
I am proud to tell others that I am part of this organization				
I like to think of myself as similar to other members of my Time Bank				
I find that my values and the organization's values are very similar				
I really care about the fate of this organization				
I plan to remain a member of the Time Bank for a number of years				
	Not at all	A little	Somewhat	Very likely
Please think about the importance of Time Dollars (the credits themselves) to you. If this Time Bank changed so that all members freely volunteer their services and received no credits in return, how likely is it that you would continue to participate?				
If this Time Bank changed and members were asked to pay a sliding-scale membership fee, how likely is it that you would continue to participate?				
How likely are you to participate (by donating your time or money) in future fundraising efforts at this Time Bank?				

### Outcomes (page 7 of 15)

In this section we hope to learn what Time Banking has done for members (other than annoy you with surveys!)

#### To what extent has your involvement with this Time Bank enabled you to:

	Not at all	Very little	To some extent	To a great extent
Act on your personal values, convictions, or beliefs				
Be more independent from government				
Be more independent from large corporations				
Be part of a larger movement for social change				
Build community in our region				
Contribute to the quality of life in our region				
Create a better society				
Experience new activities in group settings				
Feel confident that you have others to call on if you ever need help				
Gain satisfaction from helping others				
Get help from others				
Have a good time doing things in a social setting				
Help establish trust among people				

# Outcomes (page 8 of 15)

#### To what extent has your involvement with this Time Bank enabled you to:

	Not at all	Very little	To some extent	To a great extent
Help people in need				
Learn new skills from others				
Live a "greener" lifestyle				
Obtain <i>needed</i> services or goods that you could not afford				
Obtain <i>needed</i> services that you could not perform yourself				
Obtain services or goods that you would not normally pay cash for				
Obtain services or goods that you would rather not have to pay cash for				
Promote a more equal society				
Save money				
Spend more time with acquaintances or friends				
Spend more time with like-minded people				
Spend more time with people from different backgrounds than yourself				
Use or improve skills that you do not get to use regularly				
Use your skills to do something for others				

## Outcomes (page 9 of 15)

Your responses count! Thanks!

#### To what extent has your involvement with this Time Bank helped you to:

	Not at all	Very little	To some extent	To a great extent
Develop some deeper friendships				
Feel better about yourself				
Feel more in control of your life				
Feel safer in your neighborhood				
Feel that you can make a difference in your community				
Feel that you make a valuable contribution to society				
Give back to the community				
Improve the local economy				
Improve your quality of life				
Improve your standard of living				
Learn about sources of support and advice in the region				
Meet new people or make friends				

#### To what extent has your involvement with this Time Bank:

	Not at all	Very little	To some extent	To a great extent
Changed how you think about the world				
Changed how you think about your community				
Expanded your purchasing power				
Improved your mental health				
Improved your physical health				
Made you more politically aware				

## Outcomes (page 10 of 15)

#### To what extent has your involvement with this Time Bank increased:

	Not at all	Very little	To some extent	To a great extent
The frequency with which you attend non-Time Bank social, political, or community events				
The frequency with which you entertain guests at your home				
The frequency with which you volunteer				
Your involvement with community, civic, or political groups				
Your political activism				

#### To what extent has your involvement with this Time Bank:

	Not at all	Very little	To some extent	To a great extent	Not Applicable
Enabled you to feel less financially stressed					
Enabled you to learn new job- related skills					
Helped you promote your business or bring in new customers					
Helped you to feel less lonely					
Helped you to feel needed or useful					
Helped you to find a job					
Helped you to have something worthwhile to do with your free time					
Provided you with the opportunity to work					

### Suppose that this Time Bank closed, how large of an impact would this have on:

	None at all	A small impact	A moderate impact	A large impact
Your social life				
Your self-esteem				
Your feelings about the community				
Your community engagement				
Your ability to get services that you desire				
Your ability to get services that you need				

### **Member Satisfaction (page 11 of 15)**

Now we would like to learn about your satisfaction with the Time Bank. Again, we do appreciate your time.

#### To what extent are you satisfied with the:

	Not at all	Very little	To some extent	To a great extent	Not Applicable
Ability to provide services in the Time Bank					
Ability to receive services in the Time Bank					
Coordination (setting up) of exchanges					
Newsletters					
Number of members that you have met					
Number of participating businesses					
Office's communication with members					
Orientation process at the Time Bank					
Personal touch that Time Bank members give when providing a service					
Printed directory of participants					
Quality of the goods and services you have received					
Range of goods and services offered in the Time Bank					
Reporting of credits on your statement					
Sense of community created by the Time Bank					
Speed in which your requests have been filled					

Are there services that have not been available through the Time Bank that you would like to receive?

No
Yes (please specify)

#### To what extent to you agree that:

	Strongly disagree	Somewhat disagree	Somewhat agree	Strongly agree
The quality of the goods and services offered through the Time Bank are as good as those I would buy				
The Time Bank has lived up to my expectations				
I can recommend this Time Bank to other people				
The Time Bank is a successful organization				

# **Community Experience (page 12 of 15)**

#### Aside from your involvement with the Time Bank,

Aside from your involvement with the fille bank,								
	Never or practically never	Once or twice a year	Once a month	Once a week	More than once a week			
How often do you engage in formal volunteering through an organization?								
How often do you engage in informal volunteering (helping family, friends, or neighbors)?								
	Never	Hardly ever	Sometimes	Often	Always			
How often do you chat with neighbors?								
How often do you and your neighbors help each other out by lending things like tools, giving someone a ride, or watching each other's houses when you are away?								
How often do you discuss political issues with your family, friends, neighbors, or acquaintances?								
We hear talk these days about yourself?	t liberals ar	nd conser	vatives. How	would you	ı consider			
Very Liberal Liberal Somew Liber	MUUUEI	rate	newhat servative Cons	servative C	Very onservative			
Are you a member of a political party?  No Yes, American Reform Party Yes, the Democratic Party Yes, the Green-Independent Party								
Yes, the Libertarian Party Yes, the Republican Party	:6.)							
Yes, some other party (please specify)								

Listed below are some different forms of political action that people can take. For each item please indicate whether you have actually done this, whether you might do it, or whether you would never do this.

	Have done	Might do	Would never do
Vote in an election			
Attend public meeting on town or school issues			
Contact the editor of a newspaper			
Contact an elected official			
Sign a petition			
Boycott specific companies or goods			
Attend a lawful public demonstration			
Illegally block or occupy a building or street			

#### **Demographic Questions (page 13 of 15)**

You've made it to the last section! We appreciate your willingness to complete this final section of our survey. The following demographic information will allow us to update the membership database and will be very useful as the office searches for external grants to support the Time Bank. Please remember that all of your responses are confidential.

What is your sex?
Female
Male
Other (please specify)
What is year, was a false of the standard and the
What is your race (please check all that apply)?
White
Black or African American
Latina/o or Hispanic
Asian American
Mixed Race
Other (please specify)
What is your birthday?
MM DD YYYY
Birthdate / /
Are you currently living with a spouse, partner, or significant other?
Yes No
What is your current marital status?
Single Married Divorced or separated Widowed
Separated
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# **Demographic Questions (page 14 of 15)**

You're almost done!

How many	v childre	n currentl	v reside i	n vour h	ousehold?			
0	1	2	3	4	5	6	7	8 or more
Which of t  I/we ow  I/we re  Other (	vn our dw nt our dw	elling elling	describes	s your liv	ing situat	ion?		
Associa	ade or lov hool diplo te's (AA) or's (BA or s degree	ver ma or GED degree, ted BS) degre	chnical, or			npleted?		
Are you con No Yes, pa Yes, ful If Yes,	rt-time II-time	a student?		d				
Are you co	-	employed part-time \		me				
What is (d	or was) y	our prima	ary occup	ation?				
At any poi work?		-	months h	ave you	been unen	nployed a	nd looki	ing for
Vac		No						

## **Demographic Questions (page 15 of 15!)**

Please choose income	the category	that best des	scribes your h	nousehold's total annual					
Less than \$1	15,000								
<b>3</b> \$15,000-\$19,999									
<b>3</b> \$20,000-\$29,999									
\$30,000-\$39	9,999								
<b>3</b> \$40,000-\$49	9,999								
<b>350,000-\$59</b>	9,999								
<b>3</b> \$60,000-\$74	1,999								
<b>375,000-\$99</b>	9,999								
<b>)</b> \$100,000 ar	nd over								
			16						
Generally spea		-	-						
Very religious	Somewhat religious	A little religious	Not very religious						
Generally spea		-	-						
Very spiritual	Somewhat spiritual	A little spiritual	Not very spiritual						
600	Spiritual	Spiritual	Spiritual						
Apart from we religious servi			tenings, abou	it how often do you attend					
		/S:							
More than or									
Once a week									
Once a mont									
Only on spec									
Once or twice	e a year								
Less often									
wever or pra	ictically never								
How many year	ars have you	lived in Maine	?						

Aside from your immediate household, do you have family members who also live in Maine?

Yes

No





Looking back			important matters how many people h		
Of the numl		at you count	ted for the previous	question, ho	ow many of
Do you curr	ently have Intern	et access at h	ome or work?	Yes	No
,	•		that you can drive?		
Do you have		ealth condition	that prevents you		
Do you curr	ently have any	health insur	ance coverage?		
No	Yes, through an employer plan	Yes, through a	_		
How would	you rate your h	ealth?			
Poor	Fair	Good	Excellent		
Would you l Also, if you	ny questions tha like to tell us an have any new o it into this box	ything else? contact infor		telephone nu	ımbers),

Thank you for your participation in this important survey! We appreciate your time, feedback, and contribution to sustaining the East End Time Bank. Your Time Dollar will be credited to your account soon.